



**Bella! Yoga™** | 4 South Central Avenue, #2 | **Clayton, MO 63130**  
[Michelle's Bio](#)

## **Application Form – Yoga Alliance**

314-630-1677 (contact person: Michelle Maue)  
(Please complete and submit with \$350 deposit to reserve your space!)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Nickname: Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Please answer these questions in some detail:

What do you like the most about yourself and how does that apply to your main reason for applying to this program:

Yoga experience (you may include any home practice):

4 Goals of this teacher training:

Meditation Experience: